



Personal information

First name / Surname

IOANNA FRAGKOU (or FRANGOU)

Address

Dr. SULAIMAN AL HABIB TAKHASSUSI HOSPITAL, c/o Dr. IOANNA FRAGKOU, P.O.BOX: 2000, RIYADH, SAUDI ARABIA

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ifrangou1609@gmail.com

Nationality

Greek

Date of birth

16/09/1958

Marital status

Divorced, one adult daughter

Gender

Female

Desired employment / Medical field

Consultant Plastic Surgeon

Work experience

Dates

June 2014-July 2018

Occupation or position held

Consultant of plastic surgery

Main activities and responsibilities

- Outpatient clinics daily
- Operating lists involving the total spectrum of plastic, aesthetic and reconstructive surgery on inpatients (Around 5-6 operating sessions weekly)
- Head of Wound Management Team of the Hospital

Name and address of employer

Dr Sulaiman Al Habib Medical Group-Takhassusi Hospital-Riyadh, Kingdom of Saudi Arabia

Type of business or sector

Takhassusi Road, P.O. Box: 2000, Riyadh 11393, KSA
Private sector

Dates

August 2005-June 2014

Occupation or position held

Chief consultant of plastic surgery

Main activities and responsibilities

- Outpatient clinics 2 days per week
- Operating lists involving the total spectrum of plastic, aesthetic and reconstructive surgery on inpatients in general surgery,

orthopaedic, gynaecologic, paediatric, eye, ear-nose-throat wards
(Around 5-6 operating sessions weekly)

- Educational programme for nursing staff medical students and trainees/ junior consultant surgeons on plastic surgery issues
- Educational programme 6 months continuously for one plastic surgery resident each period from 2006-2014

Name and address of employer **Tertiary General Hospital of Thessaloniki 'Hippokratio'**
49 Konstantinoupoleos Str., 54642 Thessaloniki, Greece

Type of business or sector Public sector

Dates March 2000-July 2005

Occupation or position held **Consultant of plastic surgery**

Main activities and responsibilities

- Foundation of outpatient plastic surgery clinic 2 sessions weekly
- Operating lists involving the total spectrum of plastic, aesthetic and reconstructive surgery on inpatients in general surgery, orthopaedic, gynaecologic, paediatric, eye, ear-nose-throat wards (5 operating sessions weekly)
- Educational programme for nursing staff medical students and trainees/ junior specialist surgeons on plastic surgery issues

Name and address of employer **Tertiary General Hospital of Thessaloniki 'Hippokratio'**
49, Konstantinoupoleos Str., 54642 Thessaloniki, Greece

Type of business or sector Public sector

Dates August 1995-February 2000

Occupation or position held **Consultant of plastic surgery**

Main activities and responsibilities

- Foundation of outpatient plastic surgery clinic-3sessions weekly
- operating lists involving the total spectrum of plastic surgery and reconstruction on orthopaedic patients (Around 4 operating sessions weekly)
- Educational programme for nursing staff and trainees/ junior resident surgeons on plastic surgery issues

Name and address of employer **General Hospital of Kilkis**
1, Nosokomiou Str., 61100 Kilkis, Greece

Type of business or sector Public sector

Board Certified Consultant Plastic Surgeon: June 1995

Dates April 1991-April 1995

Occupation or position held **Senior House Officer In Plastic Surgery**

Main activities and responsibilities Plastic surgery training involving unattended operating ,running outpatient clinics, on-call rota 1:5

Name and address of employer	'George Papanikolaou' General Hospital of Thessaloniki-Department of Plastic, Burn And Hand Surgery
Type of business or sector	57010 Exochi, Thessaloniki, Greece Public sector
Dates	August 1988-April 1991
Occupation or position held	General Practice Doctor (Mandatory Service In Greece)
Main activities and responsibilities	Clinical examination evaluation and treatment in an out patient bases of village population and transmit in to hospital if needed.
Name and address of employer	Kambani Village Medical Centre In Kilkis
Type of business or sector	61100 Kambani, Kilkis, Greece Public sector
Dates	June 1986 –June 1988
Occupation or position held	Senior House Officer In General Surgery Part of Plastic Surgery Rotation
Main activities and responsibilities	General surgery training, operating under supervision and independently, participating in outpatient clinics, on call rota 1:5
Name and address of employer	'Theagenio' Cancer Hospital of Thessaloniki
Type of business or sector	2, Al. Simeonidi Str., 54007 Thessaloniki, Greece Public sector

Education & Training

January 2005-March2005

Fellowship In Breast Surgery

Full day education or operating training in all types of aesthetic and reconstructive surgery procedures of breast

I was either lead surgeon or first assistant surgeon three days a week.

The department had seven surgeons. 90% of their operating involved on breast cases.

National Institute of Study And Therapy of Cancer In The Breast Plastic Surgery Department Milan, Italy

October 2004-December2004

Fellowship In Aesthetic Surgery

Full day education or operating (2 sessions) training on the total spectrum of aesthetic surgery of face and body.

I was operating as either first assistant or first assistant and then surgeon in

full day operating lists every day.

**Catholic University 'Augustino Gemeli' Polyclinic of Plastic And
Reconstructive Surgery Rome, Italy**

July 1997-September 1997

Fellowship In Aesthetic Surgery

Full day educational program of the total spectrum of aesthetic surgery of face and body in a Private Practice Plastic Surgery Clinic

Charlotte Plastic Surgery Centre

North Carolina, U.S.A.

PhD

1996-1999

Thesis title: 'The effect of local application of mitomycin-c on the connective tissue creation around silicon implants of breast'

Experimental study in laboratory rats under optical and electronic microscope

Aristotle University of Thessaloniki Medical School

Department of Histology –Embryology

Medical Doctor (M.D.)

Certified 20th Of November 1985

(September 1979- November 1985)

Study In School of Medicine

Aristotle University Of Thessaloniki Greece

Professional Boards/Regist rations

2016 International Society of Plastic Aesthetic and Reconstructive Surgery
ISAPS

2014: Saudi Commission for Health Specialties (ID: 14-RM-0032677)

2013: Dubai Health Authority (ID: DHA-PL-0064389)

2007: European Anti- Aging Medicine

2003: European Society of Plastic Reconstructive And Aesthetic Surgery

1997: Balkan Society of Plastic Aesthetic And Reconstructive Surgery
(Foundation And Elected Member)-(B.A.P.R.A.S.)

1997: International Society of Plastic And Reconstructive Surgery (I.P.R.S.)

1997: Greek Society of Burns Prevention And Treatment (Foundation And
Elected Member)

1997: European Society of Burns

1996: Society of Plastic Surgeons Of Northern Greece (Foundation And
Elected Member)

1996 : Hellenic Society of Plastic, Aesthetic And Reconstructive Surgery
(Elected Member of The Council)

Courses

From the beginning of my career until now I have registered in more than
100 national and international congresses in plastic surgery. I have
participated by presenting (speaker) in almost half of them (list is available)

Personal skills and competences

Publications:

1. Ioanna Fragkou M.D., Ph.D. Case report : conservative treatment of an extensive partial skin burn with the use of I-mesitran, *The Netherlands, Novw Practicum October 2008 P.15*
2. Ioanna Fragkou, M.D. Ph.D., Maria Kanellaki, M.D. Ph.D :The Effect of Local Application of Mitomycin-C on the Development of Capsule Around Silicone Implants In Breast :An Experimental Study In Rats' , *Aesthetic Plastic Surgery 2001: Mar-Apr 25 (2): 118-28.*
3. Ioanna Fragkou M.D., Ph.D Reconstruction of post burn lack of skin using artificial skin in childhood, *Hippocratia 2000: 4(3) 104*

Languages

Mother tongue	Greek				
Other languages	English, Italian				
Level in national or international classification	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction		Spoken Production

ENGLISH Language

A A A A A

ITALIAN Language

B B B B B

Social skills and competences

Reading, Dancing, Tennis, Skiing, Biking, Swimming, Cooking

Organisational skills and competences

1.Setting up and running the Educational program of lectures and operating lists of plastic surgery cases and training two senior house officer surgeons per year , for six months at General Tertiary Hospital of Thessaloniki 'Hippoctation'. August 2005-June 2014.

2. One lecture per year in all medical students, in the final year of their education about the interaction of plastic surgery with other specialties (neurosurgery, paediatric surgery, ear nose and throat surgery, ophthalmology, gynaecology, urology). This was done in cooperation with the university clinics of the General Tertiary Hospital of Thessaloniki 'Hippoctation'. August 2005-June 2014.

3. Clinical examination, evaluation and conservative treatment in an outpatient base or administration of inpatient operating programs and complete follow up after discharge in General Tertiary Hospital of Thessaloniki 'Hippoctation'. April 2000-June 2014.

4. Organisation of outpatient clinics of plastic surgery in General Tertiary Hospital of Thessaloniki 'Hippoctation'. April 2000-June 2014.

5. Educational program of nursing staff (five lessons) and junior doctors (fifteen lessons) concerning basic issues of plastic surgery. Attending 100 persons per year at General Tertiary Hospital of Thessaloniki 'Hippoctation'. April 2000-June 2014.

6. Foundation of outpatients' clinic of plastic surgery in the General Hospital of Kilkis-Greece. August 1995-March 2000.

7. Clinical examination, evaluation and conservative treatment in an out patient base or administration of inpatient operating lists. Complete follow up of all patients was held

8. Educational program of nursing staff (five lessons) and junior doctors (fifteen lessons) concerning basic issues of plastic surgery. Attending 50 persons per year at General Hospital of Kilis-Greece. August 1995-March 2000.

Technical skills and competences

- Special skills on aesthetic medicine and surgery
- specialization in breast aesthetic and reconstructive surgery
- long experience in burns and hand surgery

Computer skills and competences

Microsoft office, power point and internet

In an every day use for research, paper work, presentations

Other skills and competences

Comprehension, cooperation, social skills, part of multidisciplinary team, ability to act as a leader or a follower according to the circumstances.

Research Experience

Dates

End of 2005-still in progress

Principal subjects / skills Double blinded prospective clinical study concerning more than 400 patients that underwent mastectomy and reconstruction with silicon implants

Name and type of organisation

The purpose of the study is to prove that there is statistically significant difference in the rate of capsule contraction around breast implants between a group of patients that had local application of mitomycin-c before inserting the implant and those who had not.

Scholars Activity/ Papers

All patients will have a total follow up of ten years.

This clinical trial is ongoing in corporation with The National Institute Of Study And Therapy of Cancer –Department Of Plastic Surgery where Doctor Maurizio Nava is Chief Consultant, **Milan-Italy**

Additional information

Recommendation Letters from:

Dr. Michael Tarabe, M.D. Ph.D, FEBOPRAS, President Of The Hellenic Society of Plastic Reconstructive And Aesthetic Surgery (HESPRAS), Director Of 'Artion' Plastic Surgery Centre, Athens, Greece

Dr. Christos Papanikolaou, M.D., Ph.D, Lead Consultant of 3rd General Surgery Department of Thessaloniki General Hospital 'Hippocraton', Thessaloniki, Greece D

Dr. Ayman I Khadra MD, Ph.D, Medical Director of Dr Sulaiman Al Habib Hospital Takhassusi Riyadh KSA

